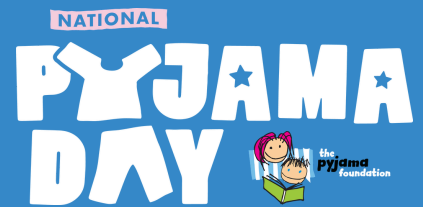


# HOW YOU CAN HELP KIDS IN FOSTER CARE THIS NATIONAL PYJAMA DAY



FRIDAY  
24 JULY  
2026

## NATIONAL PYJAMA DAY 2026

### Officially on Friday 24 July

Participate anytime in July (or August).  
A simple idea with powerful impact.  
Wear your PJs to work, on air, or on set –  
and help raise awareness and funds for  
children in foster care.

### WHY IT MATTERS:

Right now, **more than 800 vulnerable children** in foster (and Out-of-Home care) are waiting for their own volunteer 'Pyjama Angel' mentor.

Funds raised through National Pyjama Day help The Pyjama Foundation:

- Match children with trained Pyjama Angel mentors
- Provide educational resources and learning support
- Create consistent, positive relationships that change futures

### HOW YOU CAN GET INVOLVED:

Sign up as an individual, a workplace or school and host your own Pyjama Day. **Register at:**

[nationalpyjamaday.com](https://nationalpyjamaday.com)

Share the word about National Pyjama Day and The Pyjama Foundation amongst your network.

Make a donation to National Pyjama Day, directly supporting kids in foster care.



# BECOME A PYJAMA ANGEL MENTOR & CHANGE A LIFE



## THE PYJAMA FOUNDATION

The **Pyjama Foundation** is a not-for-profit organisation dedicated to improving the educational outcomes of children living in foster care.

Through our mentoring program (Love of Learning Program), we recruit and train volunteer '**Pyjama Angel**' mentors, and carefully match them with a child in care.

Together, they build something powerful: a consistent, trusted relationship that can help change the course of a child's life.

Right now,  
more than **800**  
foster kids are  
waiting for a  
mentor -  
someone to  
show up just for  
them.

## WHAT DOES A PYJAMA ANGEL DO?

Just one hour a week can make a lifelong difference.

Pyjama Angels visit their matched child weekly to:

- Read together and support learning
- Play educational games
- Assist with literacy and numeracy
- Build confidence and life skills
- Most importantly: have fun and be a positive role model



## WHY KIDS IN CARE NEED SUPPORT:

Children in care are  
**2-4**  
TIMES MORE LIKELY  
to have **lower reading scores** than children with no child protection involvement.

Approx  
**35%**  
OF YOUNG PEOPLE  
in state care end up **homeless** after they turn 18.

## BECOME A PYJAMA ANGEL

To volunteer, you must:

- Be 18 years or older
- Commit to a minimum of 12 months
- Have basic English, literacy and numeracy skills
- Hold (or be eligible for) a Working with Children Check

## READY TO CHANGE A LIFE?

Join a community of volunteers helping children in care feel seen, supported, and capable of reaching their full potential.

Sign up at: [thepyjamafoundation.com](http://thepyjamafoundation.com)