## About The Pyjama Foundation



It's hard to imagine the trauma a child goes through when they enter the foster care system.

These children, are removed from their original homes for their own health and safety. Many have experienced trauma, neglect and instability at a young age. It impacts their confidence, their ability to trust others, and their core foundation for learning.

### The Pyjama Foundation was created to provide children in care with a world full of unlimited opportunity, to create positive relationships, and instil a love of learning.

Volunteer 'Pyjama Angel' mentors provide one-on-one support to children in care by visiting them once a week to empower them with learning, life skills and confidence to reach their full potential. Together, they read books, play educational games, do home-work but most of all, they have fun.

## How you can help

Donations are crucial in order to maintain our Love of Learning Program for children in foster care.

The difference you can make is immeasurable: donations and funds raised will go towards giving a foster child his or her own very special Pyjama Angel. It will also enable us to provide new books, puzzles, educational-based games and technology for children in care.

#### Volunteer

Would you like to mentor a foster child and help them to reach their full potential? There are more than 800 children waiting for their own Pyjama Angel.

To become a Pyjama Angel, a volunteer must:

- Be over the age of 18 years
- Be able to commit to a minimum of 12 months
- Have basic English language, literacy and numeracy skills
- Possess or be eligible for a Working with Children Check or Blue Card

Head to thepyjamafoundation.com to sign up!

#### They need our help:

#### 46,000+

Australian children are currently in out of home care

#### **92%**

Of children in out of home care are below their reading level

#### 50%

of children from a care background will become homeless



#### thepyjamafoundation.com

# National Pyjama Day

National Pyjama Day (officially held on Friday 19 July, 2024) is all about wearing your favourite pair of PJ's to help **The Pyjama Foundation** raise much-needed awareness and funds for children in foster care.

With the money raised from National Pyjama Day, you'll be helping to offer learning skills to more than 1000 foster children, fund educational resources and help provide stable, positive relationships.

You can host Pyjama Day anytime throughout July. So put on your favourite PJ's, make a donation, and get your friends/colleagues involved!

#### Join in the PJ Fun!

With your support, you can help us amplify awareness about children in foster care and our mission.

By championing National Pyjama Day and The Pyjama Foundation, you directly contribute to providing essential support and guidance to these children through their dedicated Pyjama Angel mentors.

- Rock your PJs in the office for the day
- Host a fundraiser and donate to support kids in care
- Upload a photo or video on your socials to spread the word! Tag
  @thepyjamafoundation and hashtag
  #InMyPis
- Or use the provided LinkedIn banner or email signatures to let all your friends and colleagues know about the comfiest day of the year!

### nationalpyjamaday.com

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